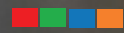




**IDAHO  
HEAD START  
ASSOCIATION**

# **Annual Report**

**Program Year 2016 - 2017**



# Head Start and Early Head Start in Idaho

In 2017, 13 Idaho Head Start and Early Head Start Programs served 5,154 children aged 0-5, 114 pregnant women, and their families.

These 13 programs operate 74 sites and 303 classrooms serving families from 151 Idaho communities in 40 of 44 Idaho counties.

**Together they deliver on the Head Start promise that every child, regardless of circumstance at birth, has the opportunity to reach their full potential.**



# Leading the Way

Funded by the federal government, Head Start and Early Head Start have the overall goal of increasing the school readiness and social competence of young children in low income families, understanding that children develop best in the context of their family and culture. Parents are respected as their child's first and most important teacher and caregiver.

## **Total Enrollment: 5,154**

Many children and families are involved for more than one year:  
25% of children were enrolled in 2nd Head Start year; 9% of children were enrolled for 3 or more years

## **Head Start (aged 3-5) 3,629 or 70%**

Head Start is a comprehensive child and family-focused preschool program designed to help low-income and at-risk 3 and 4-year-old children and their families succeed in school and life.

**Early Head Start (aged 0-3) 1,535 or 30% Pregnant moms: 114** Early Head Start serves pregnant women, infants and toddlers and expands the reach of Head Start's continuous, intensive and comprehensive child development and early learning program until the child turns 3 and is ready to transition to Head Start or another pre-K program.

## **Home Visiting**

Home visiting is an integral part of both Early Head Start and Head Start. Home visiting has been shown to be an effective way to support families and children because it reaches families where they live and tailors services to meet individual needs. Most of Idaho's Early Head Start programs are home-based and include weekly home visits and twice monthly group socializations. Head Start includes home visits at least twice yearly.



## School Readiness

Head Start is the nation's most successful school readiness program. School readiness means children are ready for school, families are ready to support their children's learning, and schools are ready for the children who enter their doors. School readiness for children in Head Start and Early Head Start is measured by the skills set out in these five learning domains: Approaches to Learning, Social and Emotional Development, Language and Literacy, Cognition (Math and Scientific Reasoning), and Physical Development and Health. School readiness outcomes are assessed in the Fall, Winter and Spring of each year.

### Head Start 4-Year-Old Early Learning Outcomes



Learning Domain	% growth from Fall to Spring Assessments	% School Ready at End of Year
<i>Approaches to Learning</i>	50	90
<i>Social &amp; Emotional Development</i>	49	90
<i>Language and Literacy</i>	40	89
<i>Cognition</i>		
<i>Math</i>	50	80
<i>Scientific Reasoning</i>	50	90
<i>Physical Development</i>	42	92

<sup>1</sup> See details and descriptions of the 5 Learning Domains at [www.idahohsa.org](http://www.idahohsa.org)

## Each Child is Unique and Important

The entire range of Head Start and Early Head Start services are responsive to each child and family's developmental, ethnic, cultural and linguistic heritage and experience. Head Start and Early Head Start are dedicated to serving children with disabilities – Special services are available to ensure that children can fully participate in all aspects of the program. Each Head Start program must work with their local school districts so there is a seamless move into the school system to ensure the child's optimal development.

**14% of Head Start and Early Head Start children had a disability and an IEP/IFSP.** These were primarily speech/language impairment & developmental delays.

## Comprehensive and Two-Generation Services

Head Start and Early Head Start support parents in their role as primary caregivers and first, most important teachers of their children. Programs build relationships with families that support positive parent child relationships, family well-being and connections to peers and community. We offer family members opportunities for growth, and offer guidance as they seek to meet personal goals and achieve self-sufficiency. Parent involvement is encouraged both in the classroom and in decision making through local parent-run policy councils.

This two-generation approach supports stability and long-term success for the families who are most at risk. Depending on each family's needs, they receive a wide range of individualized services. **Over 86% of families received one or more family support services.**



**2,833**  
Parenting  
Education



**951**  
Mental Health  
Services



**1,049**  
Emergency/Crisis  
Intervention



**517**  
Asset Building  
Services



**410**  
Housing  
Assistance



**358**  
Child Abuse/  
Neglect Services



**874**  
Substance Abuse  
Prevention/Treatment



**310**  
Job Training

Thanks to Head Start and Early Head Start's comprehensive services, by the end of the school year children have received health and nutrition services, appropriate well child medical and dental screenings, mental health services, and needed referrals for diagnosed health conditions.



**96%**  
Had access to stable  
medical home



**88%**  
Had continuous  
access to dental care



**78%**  
Were up to date on  
all immunizations

Primary diagnosed health conditions requiring referral: hearing, vision and asthma.



## Head Start/Early Head Start Return on Investment

Children that participate in Head Start programs receive innumerable benefits. These advantages appear immediately, last a lifetime, and even have an effect on other generations. The effects are particularly strong amongst certain subgroups of children, particularly Hispanic and African-American children, dual language learners, children who are homeless or in foster care, those who qualify for free lunch, and those whose mothers didn't graduate high school. **When disadvantaged children receive high-quality birth-to-five education, such as Early Head Start plus Head Start, the return on investment can be as high as 13% annually.**

*(The Life-Cycle Benefits of an Influential Early Childhood Program - Jorge Luis Garcia, James J. Heckman, et al. HCEO Working Paper, December 19, 2016. Human Capital & Economic Opportunity Global Working Group). See [www.nhsa.org/facts-and-impacts](http://www.nhsa.org/facts-and-impacts) for additional detail on The Head Start Advantage.*

### Children in Poverty and Access to Head Start and Early Head Start



In 2016-2017, there were 23,666 children in poverty under age five in Idaho (21.1% of all 0-5's). Of these, only 4,001 or 17% had access to Head Start and Early Head Start. 11% of Head Start and Early Start children were Homeless.

### By the Numbers:

Total Funding: \$42,181,277 to 13 Head Start and Early Head Start Grantees, including 3 Tribal Governments and 1 Migrant and Seasonal Head Start Grantee. Current and former parents as staff  
– 30% In-Kind from Volunteers - \$8,436,255

### Head Start's Workforce and Volunteers

Total Head Start/Early Head Start Staff – 1,365 Total of # Volunteers – 7,110  
% of teachers with Bachelor's degree – 56% % Parent Volunteers – 70%



## OUR ASSOCIATION

### *We are...*

The Idaho Head Start Association – IHSA – is the statewide Head Start membership organization composed of representatives from Head Start, Early Head Start, Migrant Head Start, and Native American Head Start. The association was incorporated as a nonprofit organization in 1995. We work in collaboration with other advocates for early childhood education and programs for children and families and have a long history of outstanding partnerships across the state and nation.

### *Our Mission...*

Idaho Head Start Association supports Head Start programs through Advocacy, Partnerships, Collaboration, Recognition, and Professional Development to achieve high quality outcomes for Idaho's children, families and communities.

## SERVICES WE PROVIDE

**Advocacy:** IHSA provides a strong voice in Boise and in Washington, DC as our legislators make decisions that affect low-income children and families. Our voice is made stronger by the involvement of Head Start and Early Head Start parents and graduates.

**Training:** IHSA provides ongoing training for staff, parents and directors of Head Start and Early Head Start programs. The focused training helps programs maintain a high level of quality in teaching, program governance, management, and family support services. Parents are also provided training in leadership development and advocacy.

**Collaboration:** IHSA meetings and trainings provide an invaluable opportunity for Head Start and Early Head Start staff and directors to work together, share ideas, and make plans for future program improvements. In addition, IHSA works extensively with other organizations and leaders in Early Childhood Education in Idaho to expand the opportunities of Head Start and Early Head Start programs and families, and to ensure that our voices are powerful and united in support of the needs of low-income children and families.

• **BEAR RIVER HEAD START**

Serving Bear Lake, Caribou, Franklin, Oneida, and Southern Bannock Counties  
(435) 755-0081

• **COEUR D' ALENE TRIBE EARLY CHILDHOOD LEARNING CENTER**

Serving the Coeur d' Alene Tribe in Kootenai and Benewah Counties  
(208) 686-8506

• **COLLEGE OF SOUTHERN IDAHO HEAD START**

Serving Blaine, Cassia, Gooding, Jerome, Lincoln, Minidoka, Power and Twin Falls Counties  
(208) 736-0741

• **COMMUNITY COUNCIL OF IDAHO – MIGRANT AND SEASONAL HEAD START**

Serving Migrant and Seasonal Farmworker Families in Ada, Bingham, Bonneville, Canyon, Cassia, Clark, Elmore, Fremont, Gem, Gooding, Jefferson, Jerome, Lincoln, Madison, Minidoka, Owyhee, Payette, Power, Twin Falls and Washington Counties  
(208) 454-1652

• **EASTERN IDAHO COMMUNITY ACTION PARTNERSHIP HEAD START**

Serving Bingham, Bonneville, Lemhi, Madison and Teton Counties  
(208) 522-5391

• **FRIENDS OF CHILDREN AND FAMILIES**

Serving Ada and Elmore Counties  
(208) 344-9187

• **LEWIS – CLARK EARLY CHILDHOOD PROGRAM**

Serving Clearwater, Idaho, Latah, Lewis, and Nez Perce Counties in Idaho and Asotin County in Washington State  
(208) 743-6573

• **MOUNTAIN STATES EARLY HEAD START**

Serving children birth to 3 and pregnant women in Bonner, Kootenai and Shoshone Counties  
(208) 765-6955

• **NEZ PERCE TRIBE MAMÁY 'ASNIM HITÉEMENWEEES**

Serving the Nez Perce Tribe in Idaho, Lewis, Nez Perce and Clearwater Counties  
(208) 843-7330

• **NORTH IDAHO COLLEGE HEAD START**

Serving Benewah, Bonner, Boundary, Kootenai and Shoshone Counties  
(208) 666-6755

• **POCATELLO/CHUBBUCK SCHOOL DISTRICT #25 HEAD START**

Serving Bannock County  
(208) 233-6606

• **SHOSHONE-BANNOCK TRIBES HEAD START**

Serving the Shoshone-Bannock Tribes in Bannock, Bingham and Power Counties  
(208) 239-4500

• **WESTERN IDAHO COMMUNITY ACTION PARTNERSHIP HEAD START**

Serving Canyon, Gem, Owyhee, Payette, Valley, and Washington Counties  
(208) 642-9086

## 13 Head Start and Early Head Start Programs Serving 151 Communities in 40 Counties<sup>2</sup>



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For a full listing of Idaho Head Start Programs, addresses and contact information, please visit our website at [www.idahohsa.org](http://www.idahohsa.org)

<sup>2</sup> All but Adams, Boise, Butte and Custer counties